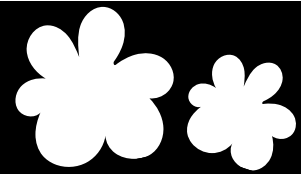


**Hello**

**Information**

**Overload!**



If you're reading this, it means that you've just been dealt some difficult news about your child. It's tough, but know that there is a lot of support for you, your whānau and of course your child. Here is a simple initial checklist to help you get started. This list was created by a new parent, for new parents.

- Head to the Parents of Vision Impaired Facebook page**  
<https://www.facebook.com/groups/194420327255/> and join!
- Contact your local BLENNZ coordinator - Visit their website** <https://www.blennz.school.nz>
- Download the Vision Book from the PVI website -**  
<https://pvi.org.nz/wp-content/uploads/The-Vision-Booklet-min.pdf>
- Apply for the Child Disability Allowance through WINZ -**  
<https://www.workandincome.govt.nz/products/a-z-benefits/child-disability-allowance.html>
- Register your child with Blind and Low Vision NZ- this will help ease the transition when they hit 18**  
<https://blindlowvision.org.nz>

Most of the people mentioned on this list are open to answering questions and giving reassurance because they just get it. Moving into this space can be really scary, overwhelming and just too much. But take in as much or as little, take in what works for you and your family but know you have support. Don't be afraid to ask questions, actually, get good at asking them because you never know what you might learn. Kia kaha! You got this!